

Youth Mental Health  
**First Aid USA**



YOUTH  
MENTAL  
HEALTH  
FIRST AID

Certificate

**Carmen Ryan**

has completed the 8-hour course and is now certified in

**Youth Mental Health First Aid USA**

And has been trained to provide initial help to young people experiencing mental health problems such as depression, anxiety disorders, psychosis and substance use disorders.

03/26/2014

Date

Susie Schenk

Matthew Wood

Instructor

Instructor



Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.



**NATIONAL COUNCIL**  
FOR COMMUNITY BEHAVIORAL HEALTHCARE

